

Central Ohio Area Service Committee Meeting Minutes

20th of September 2026

Meeting called to order at 2:00 P.M.

Serenity Prayer recited

Service Prayer read

The Twelve Traditions of Narcotics Anonymous read

The Twelve Concepts for NA Service read

ACTION ITEMS:

- Back to groups:
 - Flyers for events [Event Calendar](#)
- Review before next ASC
 - NA Musical Miracles group [study](#)
- Meetings that need support!
 - Lady Phoenix – **Tuesday** from 6-7:30 pm. 2741 Cleveland Ave
 - Clean For Today (Mens) – **Wednesday** 6-7:30 pm. 2741 Cleveland Ave
 - Clean For Today (co-ed) – **Saturday** 6-7:30 pm. 2741 Cleveland Ave
 - Good Morning Group – **Monday, Thursday, Friday** 9-10 am. 1180 Shanley Dr.

Roll Call:

As reported on the [sign-in form](#) (be sure that you are signing in with complete information; this is especially important for GSRs so that your group maintains their active status and can vote):

Corey G, Chair	Cherie S, Secretary	Jennifer S, Treasurer
Ben H, Monday Blues, H&I VC*	Brenda M, TLC*	Britney C, Lady Phoenix*
Bryant C, Together We Can*	Chris H, Spiritual Not Religious*	Donnetta W, Free At Last*, Outreach
Eddie P, Clean For Today (Mens)*	Fred P, Heart 2 Heart*, RCM	Gregory H, Hope is Found Here*
Harold P, Saturday Night Live*	Helena D, GSR I Can't, We Can*	Janet W, One Day At A Time*
Jennifer W, TLC*	Katherine M, PR Chair	Ken F, Journey Continues*
Lisa G, High Hopes*	Maegan F, Aging in Recovery*	Margie N, Surrender to Survive*
Meghan G, 11th Step*	M Harvey, Another Day Another Way*	Phil A, Area Office Chair, Meshugeneh*
Robert S, Out in Recovery*	Roger A	Tyrone L, We Came to Believe*
Wanda W, U Grow Girl*		

Note: The * is to indicate which members are GSRs.

If you do not see your name and/or group here it means you did not sign-in so there is no record of your attendance.

In attendance were 25 members representing 22 groups, 16 of which were eligible to vote.

New Group Recognition:

- None

New GSR Recognition:

- Tyrone L, We Came to Believe and Robert S, Out In Recovery
- Contact the secretary if you would like a COASCNA - GSR Handbook. This is a great resource for learning the GSR's roles and responsibilities, as well as parliamentary procedure used at ASC.

Motion to Approve Minutes:

The meeting minutes for August were approved.

Financial Assessment From Treasurer:

Bank Balance	Unadjusted	6727.20
Less: Outstanding Checks		
1379	ORSCNA	120.80
1381	ORSCNA	136.00
1384	ORSCNA	182.80
1387	ORSCNA	175.00
1389	ORSCNA	124.40
9001	Office Rent	300.00
Less: H&I money	H&I Balance	578.23
Less: Prudent Reserve	Prudent Reserve of \$1,200	1200.00
Available Balance		3909.97

Unfinished Business:

- Motions brought to ASC by the Promise is Freedom group.
 - o Last month, the motions were tabled because the Promise is Freedom group was not represented at the meeting. It was stated that if the group did not attend the next ASC, motions will be voted on either way. No representation from that group was present for this meeting either.

- o A motion to discard the motions brought by the Promise is Freedom group was proposed and seconded. Vote 13:1:1 **Passed**
- NA Musical Miracles to be put on the meeting schedule
 - o That group had no representation at the meeting.
 - o Motion to table this until the next meeting. Vote 15:0:0 **Passed**
 - o Concerns raised about the meeting: photo on the flyer, clean time mascot.
 - o The meeting has already been approved for the world site.
 - o The minutes include a review of whether the meeting aligns with traditions.

Agenda Business:

- Budgets and Check Requests:
 - o **PR Subcommittee – \$238:** Check request submitted for funds already included in a previously approved budget.
- Elections:
 - o Add-A-Thon chair – [Brenda M.](#) Vote 16:0:0 **Elected..**
- Motions
 - o None

Nominations to Fill Open ASC Positions:

Responsibilities described in the [area policy manual](#)

- ASC Positions: Vice Chair, Vice Secretary, Vice Treasurer
- Subcommittee Chairs: New Year's Eve

Sharing Session:

Please submit an item for inclusion in the agenda by completing the [Agenda Item Request](#) form.

- Group members expressed interest in knowing more about the insurance policy: what it covers and when it was last updated.
- Members expressed concerns about the Newsletter Chair's attendance, the newsletter's progress, and the need for a subcommittee report.

Unplanned Business:

- None

Pre-Agenda Business:

- Formation of the New Year's Eve Ad-hoc committees.
- Quarterly subcommittee budgets due for October-December.

Adjournment:

Chair adjourned the meeting at 3:46 pm.

Group, Administrative, Subcommittee, and Ad-hoc reports can be found below.

Next ASC meeting: October 18th at 2pm EST

Central Ohio Area Service Committee of Narcotics Anonymous Trusted Servants			
Administrative Committee			
Chairperson	Corey G.	614-390-0394	coreymgreen4@outlook.com
Vice-Chairperson	VACANT		
Secretary	Cherie S.	330-461-0796	COASCNASec@gmail.com
Vice-Secretary	VACANT		
Treasurer	Jennifer S	614-390-0394	coascna.treasurer@gmail.com
Vice-Treasurer	VACANT		
Regional Committee Member	Lis R.		
Regional Committee Member Alternate	Fred P.		
Subcommittee Chairpersons			
Area Office Chairperson	Phil A.		
COACNA 32 Chairperson	Cheryl H.		
Hospitals & Institutions Chairperson			
Newsletter Chairperson	Raphael B.		coascnanewsletter614@gmail.com
Outreach Chairperson	Donnetta W	614-425-4555	Dwilliams1246@gmail.com
Public Relations Chairperson	Katherine M	614-558-3784	katherine_meara@yahoo.com
Writing Steps in Recovery Chairperson			
Archives	Mark R	614-270-1274	coascnaarchives@gmail.com

If you are new to ASC and have questions or concerns, please reach out to the Chairperson for guidance and assistance.

Group Reports:

Due to the limitations of our meeting space and policy stating that only prepared reports be included in the minutes, oral reports will not be included here. GSRs can submit written reports ahead of time ASC at [this link](#).

Monday Blues:

Same place, Same time, Same great people

Administrative Reports:

Chair Report: (Corey G)

Vice Chair: (Open)

Treasurer: (Jennifer S)

Secretary: (Cherie S)

Vice Secretary: (Open)

RCM: (Lis R)

RCM: (Fred P)

Subcommittee Reports:

Convention Committee: (Cheryl H)

Convention Treasurer:

Area Service Office: (Phil A)

Hospital and Institution:

Newsletter: (Rapheal)

Outreach (Donnetta):

Public Relations (Katherine M):

Writing Steps for Recover

Ad-hoc Reports:

New Year's Eve:

Unity Day (OUTREACH):

Archives: (Mark R)

Audits:

Add-A-Thon: (Brenda M)

Administrative Reports

Chair Report

Hello Central Ohio Area!

This past month has been wonderful, and I look forward to the upcoming month and all that it entails. Everything has been running smoothly, and our fellowship is still carrying the message of recovery, which sounds like a win to me.

Our area audit was completed on August 30, 2026, at 3021 Switzer Ave, Columbus OH, 43219, and started at 7:00PM. In attendance was Jennifer S, James G, Charlie S, and me. We conducted the audit and the account transaction history, and balance, reflected all recorded deposits, debits, credit, withdrawals, etc., and no discrepancies were found. Thank you, Jennifer, for being a phenomenal treasurer and for remaining organized!

Usually each month for the past couple of years I have been sharing about the importance of our fellowship building-up our trusted servant participation. ASC, subcommittees, and meetings all need trusted servants to ensure our ability to carry the message of recovery continues. After looking over NA.org, and more specifically the WSC's NA World Services Strategic Plan, I was able to read over some important goals for identified "pillars" our World Service Committee has in store, including tools for PR, service system support, fellowship support, World Service structure and operations. Even though most of the content is world-level specific, some of the details regarding strategies to meet fellowship needs can be applied to an area level. I feel this information can be exceptionally helpful, and at the very least have you well informed after reading.

* This content can be found on NA.org :

<https://na.org/wp-content/uploads/2026/06/Reformatted-Collab-Plan-from-2026-CAR.pdf>

*Fun fact: There are 72,215 NA meetings weekly, WORLDWIDE, and a world map displaying where these meetings are is also provided on the NA.org website:

<https://na.org/2025-naws-annual-report/#wb>

Long story short, our fellowship can grow if our current members are fulfilling trusted servant positions. The more trusted servants we have, the more NA members get involved in service work within their home groups, other groups, subcommittees, and so on, the more likely we are to reach more addicts that are still sick and suffering whom are seeking and needing recovery. No addict need die from the horrors of addiction!

Lastly, our area has several events coming up and these are WONDERFUL opportunities to get involved, become informed, and at the very least become more connected to our fellowship. I'll allow the subcommittees that have these events planned to share during their reports, but one I will bring up is the Tar Hollow Fall Spiritual Retreat. Simply put, it's a gathering of addicts sharing their recovery, in a beautiful state park, for a weekend and the cost of registration, campsites, and contact info can be found on our Area's website. Meet new NA members, meet NA members that have been around for decades, see the old-timer that hasn't been seen in a long time like you've spotted sasquatch. It's a good time and I know that I look forward to it.

The more we show up for each other, show-up for meetings, show-up for our subcommittees, show-up for our area, and show-up for our fellowship, the more we can continue to thrive as a fellowship, and as an area.

Thank you for being here today, and thank you for your service to COANA.

We do recover,

Corey G.

Treasurer Report

Now that we have a new RCM, he is actively working on getting access to the PO Box with the donations to the region in them. When he has those, he will be bringing them to the regional meetings. I am looking forward to those checks being cashed in a more timely manner. Thank you in advance to our new RCM.

On the horizon for November...

Annual Insurance Payment in November. Last year it cost \$416

Last year we spent \$825 on the Addithon

Office rent, that has been \$300 per month, will be increasing. Most likely to go up to \$450.

Last year we spent \$160 for the zoom subscription for PR. I'm not sure if that is an annual subscription?

Insurance is one of the benefits that are given to meetings and events that are listed on our website. "A meeting happens when two or more addicts gather to help each other stay clean." Basic Text, Chapter Two. While a meeting can happen anywhere at any time, there are benefits to being listed on the website. Insurance is not only a nice safeguard, some facilities will not let

us meet without it. Paying for insurance is one of the ways that our groups work together as a team, to share the costs associated with helping our area as a whole.

[Checking Log](#)

[Treasurer Report](#)

[Business Checking](#)

[Treasurer Workbook](#)

[COASCNA Group Donations](#)

Secretary Report

Hello!

Just a reminder, if your group or any GSR needs a GSR Handbook, please let me know and I'll make sure you get one. Our name placards will be getting an upgrade soon, and the new ones will include a QR code. Even with that change, we'll still have a physical sign-in sheet available, along with the stand that holds all the QR codes, so everyone will have a way to sign in.

We now have a sheet where groups and/or committees can write down if they're looking for support. Whatever is written there will be included in the minutes, so the whole area can see where help is needed and step up where we can.

Lastly, please consider signing up for one of our open ASC vice positions. Service keeps us connected, and having vice positions filled helps our area stay strong and keeps the work going smoothly.

In loving service,
Cherie

RCM Report

I'm an addict called Lis, and thank y'all for continuing to carry the message and serve our area. I have been as busy as ever, and will likely not be able to give this report in person due to another obligation at 3 today. As it stands, I will likely be at the October RSC meeting in person although I really appreciate knowing that the option of Zoom is there in case life decides to life. Our area's alternate RCM and I will make sure that one of us is there in person.

The question of the region's mail box has come up in some conversations, mainly because of uncashed checks from our area to Ohio region. The mailbox that receives donations belongs to the region and they check it when they can, usually in preparation for RSC meetings, so the suggestion was made to only write donation checks once a quarter- not changing how much we donate, just the timing- so checks don't go uncashed for so long.

While I'm a bit "learned out" from all the stuff going on recently, I'm looking forward to learning more about how our region operates. Thanks for trusting me to be of service in this new way, and growing along side me in my recovery.

Subcommittee Reports:

Area Service Office Report

Area Service Office (ASO) for September 2026:

Good afternoon family. We have been selling literature, answering the phoneline, connecting members to groups and resources, and providing other services to members and groups in our area. Our subcommittee meets the first Sunday of each month at 4PM via Google Meet; login details are at nacentralohio.org. Area service office hours and literature costs are also available on the website. We also continue to gather pending/wait list phone line and office volunteers. This allows us to quickly fill gaps when members complete or step away from their current volunteer shifts. Please contact Lisa G. at 614.209.3327 if interested.

The ASO sub-committee reports:

- The Area Office will be closed on Monday, October 12th to acknowledge Columbus Day.
- We are now able to accept additional forms of electronic payment (CashApp, Google and Apple Pay), through Square.
- We are reviewing the Area Office policy.
- We have 3 new office volunteers joining our Area Service Office team. Welcome to Gena S., Josh B., Abby M. Our Thursday evening office hours are changing to 5:00 pm-7:00 pm. The website has been updated.
- We have been notified that the Area Service Office rent will be increasing from \$300.00 to \$450.00 per month starting January 2027. We are doing our due diligence to negotiate with the building manager to reduce this increase.

Here are some updated statistics and treasurer reporting for December report (November stats):

- Starting Balance: \$2,531.72
- Literature sales: \$1,698.68
- Actual amount received: \$1,698.63
- Additional receipts: \$0.00
- Expenses: \$1,337.15
- Discrepancy between sale amount and amount received [there are sometimes differences between order total and money order amount]: -\$0.05
- Square processing fees: \$46.87
- Number of sales: 39
- Treasurer workbook ending balance: \$2,893.20 [accounts for all pending deposits and checks]
- Month ending bank account balance: \$3,618.83 (from bank statement)
- Inventory: \$7,367.61 (from inventory document)

- Number of phone calls: 77 (from Breezeline call log)

If you need to reach our service office with any issues you may experience, please email us at cbusofficeofna@gmail.com. If you have an update to group information, please email coascna@gmail.com to have the website and downloadable PDF updated.

The following treasurer documents have been provided to our area service committee secretary:

1. [August 2026 Huntington Bank Statement](#)
2. [Service Office Treasurer Workbook](#)
3. [Service Office Account Log](#)

In loving service,

The Area Service Office Sub-Committee

[Hospitals and Institution](#)

Good afternoon.

The Hospitals and Institutions Subcommittee is continuing to carry the Narcotics Anonymous message into facilities where addicts cannot get to regular meetings. We currently have 17 active facilities delivering 54+ meetings a month. We meet on the first Sunday of the month at the Parsons library located at 113 Parsons Ave, at 2pm. This Month's meeting will also be held in conjunction with our Panel lead appreciation/Open house event. The event starts at 2pm with food, fellowship, and fun before the subcommittee meeting. The event is free and a great opportunity to see what H&I is all about. I have brought flyers for distribution to the homegroups, and the event flyer is posted on the website.

We are always in need of volunteers for varying levels of commitment, from one-time speakers, to panel members, to panel chairs. We are currently in need of a chairperson and a vice secretary. We are always looking for speakers for Maryhaven at Alum creek. This is Tuesdays at 7pm. We are looking for panel members for Dublin Springs to go once or twice a month; this is also Tuesdays at 7pm. Hope Valley in Circleville is looking for speakers and panel members. That is on Fridays at 7pm.

We have a few commitments that need Panel leads. One is the Men's Workhouse which is a Saturday meeting at noon. The other is the correctional reception center which is the 2nd and 4th Wednesdays at 6pm. They are currently being maintained by panel members but need a single point of accountability and communication. We are looking for a panel member to cover Maryhaven once or twice a month. They would simply find weekly speakers and lead the meeting. Clean time requirement is 6 months. If you or someone you know is interested, reach out to me or Brigitte H. (971) 533-6687 for more information. Last month, I reported on some developing issues with Franklin Medical Center. The panel lead was out of town for this month's meeting so hopefully we will have more information to report to the area next month.

Thank you for allowing me to be of service to the fellowship I love

H&I Vice Chairperson: Ben H.

Outreach

Hello ASC Family,

September has been a great month for Outreach!

Unity Day was a great success!

There were over 150 members in attendance at Blacklick Park this year. Great food, music and fellowship. We heard two wonderful messages of recovery from Debbie G with 40 years and Vicki J with 37 years clean. Played games and had a 50/50 raffle that Debbie G won and was gracious enough to donate half of her winnings back to Area, \$62.00. It was Unity at its best, giving a true living experience of what our First Tradition means and what NA Unity looks like. Outreach is thankful for all of the support and participation from our area members. We are Grateful, it could not have happened without you!

Jennifer had the willingness to head our Annual Silent Auction again and it was successful! She raised \$263.00 and \$187.00 was raised from the 50/50 raffle, which gives a grand total of \$460.00 that will be donated back to the Area.

The Good morning Group is in need of support with attendance and financial assistance; due to low attendance the meeting will only meet 3 x a week instead of 5 x a week. Please support this group on Thursday's and Friday's. Outreach will continue to work with the Good Morning Group to help in any way we can.

Also, the Men's Clean for Today Group which meets on Wednesday's needs support. Only Men's meeting in the city and it needs our Men to help them grow and carry the message of recovery to the Newcomer! The Phoenix Women's meeting that meets on Tuesdays in the same location, still needs support also. **Don't forget the meeting challenge! Please try to attend at least one meeting you have never attended before in our Area! Let us continue the Unity all year not just one day of the year.**

We are still selling the supply box raffle tickets. The proceeds from this annual fundraiser are used to help any meeting in our Area with supplies, literature and rental assistance if needed. Helped several meetings last year with needs and we are happy to report that all the meetings are doing well, still open, stronger than ever, spreading Hope and Recovery. Please buy a raffle ticket to help us continue this good work.

Yes! We are still working on the Area History Calendar. Since the passing of one of our founders, I have reached out to Tuffy and Steve to help us continue to gather the correct information about are history. Getting closer to a completion and we our excited about. The great reveal will be coming soon!

We thank you again for your continued support!

Public Relations

COASCNA Public Relations Subcommittee Report - September 2026

Date: 9/20/2026

Chair: Katherine M

Last Subcommittee Meeting: 9/12/2026

Next Meeting: Sunday 10/4/2026, 1 pm Parson's Library or ZOOM

Website Statistics:

- Views: 3,700
- Visitors: 1,600
- **Check Requests: WEBSITE \$336**

Updates

- 6 PR members attended the August PR Meeting.
- Our information booth at Soberfest was incredibly successful. Our estimation was that about 350-400 people stopped at our booth. We gave out over 120 schedules, 200 stickers, a lot of IPs, business cards and our new cardstock informational IP about NA. 3,000 people attended the event overall. About 10 PR members helped run this booth and it was a ton of fun to be a part of. We had many interactive parts to the table that brought in more people. We plan on using that model in upcoming events.
- Treatment Center Ad Hoc: No update as of this month. If anybody has any helpful information about Treatment Centers in our area needing information about NA please contact Wendy A or I (Katherine M).
- NA Website Improvement Adhoc: Met on 8/23 to transfer all things website to our new webmaster Katie S. We are so excited to have her on our committee. She designed our current website with the developer and has vast experience with website work. Katie attended our subcommittee meeting this month and shared a lot of items she is working on with the developer to help the website become more visible and easier to search. Working to get old meeting schedule PDF's removed from the web as it is causing confusion to those searching for meetings that aren't immediately finding our website and using our BMLT.(basic meeting list tool).
- Virtual Prison Updates: September 1st was the Virtual Prison Meeting Pilot "Freedom of Choice" 3rd year anniversary. These meetings, which are 2-3x a month, draw in between 5-20 facilities mostly from Ohio and Illinois, but also from Rhode Island, NJ, Indiana and Arizona. There are frequently well over 250 MBTW present and 5-10 outside members from across the US, Canada and Europe assisting with facilitating these meetings.
- Paul will be a part of a 5 member panel(via Zoom) at the WSLD (Western Service Learning Days) on 10/17 who is meeting in California.
- **NAWS is doing their quarterly webinar October 10th at noon for PR. Our PR subcommittee is presenting on our service in bringing presentations to OSU College of Medicine to med students for the past 8 years and how it started it, the success and growth of it and how other areas can try bringing these important presentations to Med Schools across the US and world. We are so excited to be doing this presentation at the world level. If you would like to attend the event/zoom information has been posted under the events page on the website.**

- As a committee we have decided to move our flier drive to later this year or early next year. We are working on supporting our current commitments further and look into some new ways to help current PR efforts.

Reoccurring Commitments:

- OSU Med School Presentation
- ODRC Leadership Call (3rd Tuesday)
- Virtual Prison Meeting Pilot (1st and 3rd Tuesdays)

Thank you for allowing me to be of service.

[Archives](#)

Good afternoon family,

Sorry I haven't made any progress again this month because I have been in Florida helping my mom and stepdad pack up their house so they can move back to Ohio and into an assisted living facility. They have been dealing with some health issues and finally admitted that they can no longer take care of themselves, so it needed to be done without much notice. I have been here for a couple of weeks already and probably won't get home until the end of the month.

I miss all of my COASCNA service junkies!!

In loving service,
Mark R., Archives Ad-Hoc